

*Kybella / Mesotherapy Consent*

Kybella (deoxycholic acid)/ Mesotherapy is a prescription- strength injection used to treat submental fat (double chin) in adults. Kybella/ Mesotherapy destroys the fat cells that accumulate in the neck. Over the weeks following treatment the body will naturally eliminate the fat. Kybella/ Mesotherapy is only FDA approved for treating submental fat, all other treatment areas are considered off label.

Optimal results with Kybella / Mesotherapy require more than one treatment. On average patients require two to four treatments, but may require up to six treatments. On average patients require two to three vials but may require up to five vials depending on the amount of submental fat. Pricing is listed per vial. Swelling is expected for a few days to a few weeks following Kybella/ Mesotherapy and therefore Kybella/ Mesotherapy treatments should not be scheduled around major events. Kybella / Mesotherapy treatments should be spaced four to six weeks apart.

Contraindications to receiving Kybella/ Mesotherapy:

- History or current difficulty with swallowing (dysphagia)
- Pregnancy or breastfeeding

Risks and complications (this list is not all-inclusive):

- Swelling/bruising/pain/numbness/redness/itching/tightness at the treatment site
- Areas of hardness in treatment area
- Ulceration of the skin in treatment area
- Temporary or permanent hair loss at injection sites

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